

Customary Capacity and Weight

Capacity is the measure of dry or liquid volume of a container. Pour water into empty milk cartons to model the equivalent units of capacity shown below.

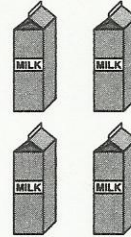
Customary Units of Capacity
 8 fluid ounces (fl oz) = 1 cup (c)
 2 cups (c) = 1 pint (pt)
 2 pints (pt) = 1 quart (qt)
 4 quarts (qt) = 1 gallon (gal)



2 cups = 1 pint
(c) (pt)



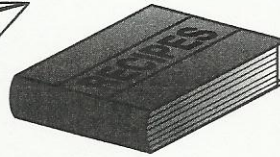
2 pints = 1 quart
(pt) (qt)



4 quarts = 1 gallon
(qt) (gal)

Weight is the measure that tells how heavy an object is.

Customary Units of Weight
 16 ounces (oz) = 1 pound (lb)
 2,000 pounds (lb) = 1 ton (T)



A card and envelope weigh about 1 ounce.

A book weighs about 1 pound.

Circle the letter of the correct estimate.

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|---------------------------------|--------------------|-----------|--------------------|
| 1. weight of an apple | A. 5 oz | B. 2 lb | C. $\frac{1}{2}$ T |
| 2. weight of a fourth grader | A. $\frac{1}{2}$ T | B. 20 oz | C. 60 lb |
| 3. amount of water in a bathtub | A. 25 qt | B. 25 gal | C. 25 pt |
| 4. weight of a refrigerator | A. 100 oz | B. 100 lb | C. 5 T |
| 5. amount of water in a pail | A. 5 qt | B. 50 gal | C. 500 c |