

## **Coast Trip Packing List**

The weather on the coast can be unpredictable. You must be prepared for both warm and cold temperatures and possibly rain, so dress in layers. You'll also be expected to carry all your own belongings, so don't overpack. Here's a list of items to pack:

wear on your person:
☐ Appropriate shoes for hiking
☐ Pants (not shorts)
□ Socks
□ t-shirt
□ sweatshirt
Carry in your backpack:
☐ South Slough Treasure Book
□ Pencil
☐ Sack lunch (for Thursday)
☐ Extra pair of socks
□ shorts
☐ Windbreaker jacket
☐ Hat—ball cap or winter hat
□ Sunscreen
☐ A book or electronics (for the bus only—bring at your own risk)
☐ A few snacks for the bus (but don't make a mess!)
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Carry in a separate bag/suitcase/duffle or heavy duty garbage bag:
☐ Complete change of clothes: Long pants, shirt, undergarments, socks)
☐ Sleep wear (pajamas, sweat pants, gym shorts, etc)
□Swimsuit
□ Towel
☐ Toothbrush and toothpaste
☐ Soap to wash your face
☐ Deodorant
☐ Sleeping bag
□ Pillow
☐ Small sleeping pad or air mattress

**DO NOT bring** cash (there will be no place to spend it), toys, oversized items, or backpacks you can't wear on your back. Questions, e-mail Mr. Lewis at *mack.lewis@district6.org*